

Ryerson Summer Day Camps



RYERSON **SUMMER** **DAY CAMPS**

Camp Information Guide

2018 Season

RyersonSummerDayCamps.com

Thanks for joining us at Ryerson Summer Day Camps!

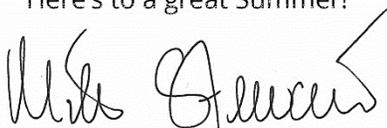
For over 30 years, we have offered safe and fun Summer Camp experiences to families from Toronto, throughout the Greater Toronto Area, and around the world. Our program is renowned for its high-quality instruction and experienced and caring Camp staff.

Developed through Ryerson's Department of Athletics, the Day Camp offers almost limitless options to campers. Most Day Camp programs are one week in length, though many campers attend for multiple weeks and try different programs that interest and challenge them. In addition to our general interest recreation camps, we offer high performance athletic camps in partnership with varsity teams as well as academic camps through various faculties at Ryerson.

We hope this Guide provides your family with all the information you need to plan for your Summer at Ryerson. Please take some time to read it thoroughly. Please also take some time to discuss its contents with your camper, so that he or she is comfortable with the routines and expectations. Please also keep a copy of the Guide in a safe place for future reference.

On behalf of our team at Ryerson, we are looking forward to seeing you soon!

Here's to a great Summer!



Mike Stewart
Camp Coordinator



Chris Wilhelm
Seasonal Camp Coordinator

CONTACT INFORMATION

Mailing Address

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Toronto, ON M5B 2K3

Main Office

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Toronto, ON M5B 1E9

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Website

RyersonSummerDayCamps.com

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OUR GOAL

Our goal is to make a meaningful and lasting contribution to the lives of our campers. Each year, we see the tremendous growth and development that a Summer Camp experience can provide a child. Through active learning, it is our hope that each and every camper comes away with a greater sense of self-confidence, independence, and belonging.

OUR HISTORY

Ryerson Summer Day Camps is just one of the many programs offered through Ryerson University's Department of Athletics. Our Camp was founded in 1984, with an original focus on sport and recreation opportunities for children and youth.



Over the years, our program has evolved to offer a Leader In Training program for teens, sport camps through Ryerson's varsity teams (hockey, basketball, soccer), and academic camps in partnership with University faculties (science and engineering, architecture, journalism, Ryerson Library). We've also developed relationships with acclaimed service providers to offer Camp programs, such as Film Making, French, and game design.

We now welcome over 1200 campers to the Ryerson campus each Summer, and employ over 50 staff members with our various Camp programs.

CAMP CALENDAR

Week	Dates	Camps
-	June 18 - 27	Staff PreCamp Training
1	July 3 - 6	Multi-Sport, Eureka!, Basketball Fundamentals, Soccer Fundamentals, First Year July LIT (<i>through July 13</i>), Second Year July LIT (<i>through July 27</i>), V4Lab (<i>through July 13</i>)
2	July 9 - 13	Multi-Sport, Basketball Fundamentals, Eureka!, Make-A-Game, Soccer Fundamentals
3	July 16 - 20	Multi-Sport, Basketball Fundamentals, Eureka!, Introduction to French, Practical French Essentials, Make-A-Game, Hockey Skills, Digital Creativity 1.0, V4Lab (<i>through July 27</i>)
4	July 23 - 27	Multi-Sport, Basketball Fundamentals, Eureka!, Introduction to French, Practical French Essentials, Hockey Skills, Digital Creativity 2.0
5	July 30 - August 2 * Ryerson closed August 3	Multi-Sport, Architectural Science, Kids Basketball Camp, First Year August LIT (<i>through August 10</i>), Second Year August LIT (<i>through August 24</i>)
6	August 7 - 10 * Ryerson closed August 6	Multi-Sport, Architectural Science, Film (Lego Animation), Film (Music Video), Kids Basketball Camp
7	August 13 - 17	Multi-Sport, Architectural Science, Film (Lego Animation), Film (Blockbuster Film), Hockey Skills, Kids Basketball Camp
8	August 21 - 25	Multi-Sport, Film (Lego Animation), Film (360 VR), News Academy, Design-a-Bot, Hockey Skills, Girls Basketball Skill Development

TYPICAL DAY

Although each day at Camp is unique, we follow a schedule similar to this each day:

8:00 – 8:30 am – Before Care program for early arriving campers (*pre-arranged*)

8:30 am – Camper drop off

9:00 am – Morning Circle

9:15 am – Program Rotations

10:30 am – Morning Snack

10:45 am – Program Rotations

12:00 pm – Lunch

1:00 pm – Program Rotations

3:15 pm – Afternoon Snack

3:30 pm – Program Rotations

4:15 pm – Closing Circle

4:30 pm – Camper departures

5:00 – 5:30 pm – After Care program for late pickup campers (*pre-arranged*)



BEFORE & AFTER CARE

We are pleased to provide supervised, low-key programs for campers who require care before the Camp day begins and/or after the Camp day has ended.

Before Care is available from 8:00 am – 8:30 am for \$40 per week. After Care is available from 5:00 – 5:30 pm for \$40 per week.

There is late pick up charge of \$1.00 per minute (according to the Camp clock). A **one-time** grace is given if a caregiver is late for pick-up. If you are going to be late, please notify the Camp office at (416) 979-5000 ext. 3258.



LOCATION & FACILITIES

Most of our Camp programs are based at Ryerson's Recreation & Athletic Centre (RAC) located at 40 or 50 Gould Street, northeast of Yonge and Dundas streets.

Depending on the specific Camp program, campers spend some time in Kerr Hall (Eureka!), the Architecture Building (Architectural Science, Digital Creativity), Rogers Communications Centre (News Academy), Student Learning Centre (Design-a-Bot), Kerr Hall Gym (Multi-Sport, Basketball), or the Mattamy Athletic Centre (basketball and hockey). The rest of our programs take place in and around the RAC.

working hard to minimize the impact on campers and families, and we ask for your patience and understanding as we navigate these projects.

More information on our contingency plans can be found on the pages that follow.

DROP-OFF / PICK-UP

***NEW FOR 2018!!* Before Care Drop Off (8:00 am- 8:30 am, KHE 129)**

Those campers who are pre-registered for Before Care can be dropped off in **Kerr Hall East room 129 (KHE 129)**. This is a classroom space on the first floor of the Kerr Hall East building (340 Church Street).

You can access Kerr Hall East by entering the building at the south-west corner of Gerrard and Church Streets or by entering the east doors inside the archway at 50 Gould Street.

Before Care campers can be dropped off in KHE 129 between 8:00 am – 8:30 am.

***NEW FOR 2018!!* Regular Drop Off (8:30 am- 9:00 am, Kerr Hall Upper Gym)**

Those campers who are arriving during our regularly scheduled drop off time between 8:30 am – 9:00 am can be dropped off at the ground floor entrance to the Kerr Hall Upper Gym (Nelson Mandela Way, 379 Victoria Street).

***NEW FOR 2018!!* Camper Pick Up (4:30 pm- 5:00 pm)**

Campers can be picked up by families in Kerr Hall Upper Gym (Nelson Mandela Way, 379 Victoria Street) between 4:30 pm – 5:00 pm.

If your camper is pre-registered in After Care (5:00 pm – 5:30 pm), our staff will supervise them by the entrance to Kerr Hall West at 379 Victoria Street (Nelson Mandela Way).

GETTING HERE

NEW FOR 2018!! Please remember that the Gould Street construction may impact vehicle access to Gould Street beginning in July. If Gould Street is open as normal, please note that traffic is restricted to one-way eastbound between Bond and Church streets. If you are driving your child you should access Gould Street via Bond Street.

Parking is not available on Gould Street. However, there are plenty of parking lots nearby (including at 300 Victoria Street). There is also limited paid parking on Gerrard Street East between Yonge and Church streets.

For those travelling by public transit, Ryerson is located at Dundas subway station.

If you use public transit to travel to Ryerson, please note that the 505 Dundas streetcars have been temporarily replaced by busses. Full details of the are available on the TTC website (ttc.ca).

If you are walking from Dundas subway station, we recommend walking north on Yonge Street to Gould Street. From there, turn east on Gould Street to Victoria Street.

Drop off is between **8:30 – 9:00 am** (Before Care campers can arrive after 8:00 am). Pick up is between **4:30 – 5:00 pm** (After Care campers must be picked up by 5:30 pm).

Please note that campers may only be picked up by those adults whose names are submitted to us as part of your camper application form. **We will not release a child to an adult whose full name has not been given to us in writing.**

When a child is picked up at the end of the day, the adult picking them up should sign out with the camper's counsellor.

In some cases, caregivers have indicated that children may arrive or leave on their own. If this is the case for your child, they should arrive at Camp by 9:00 am and will be dismissed at 4:30 pm.

Hockey Skills Camp Drop-offs and Pick-ups

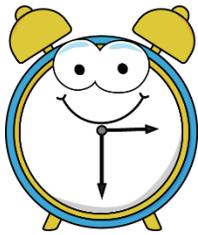
Hockey Skills Camp participants can be dropped off in the main floor lobby of the Mattamy Athletic Centre, which is located at 50 Carlton Street.

Parking is not available on Carlton Street. However, there are parking lots nearby.

The Mattamy Athletic Centre is accessible by public transit. It is located at College subway station and the College streetcar line.

Late Drop-offs / Early pick-ups

Occasionally, caregivers may need to drop off a camper late or pick them up early. If this is ever the case for your family, please let us know in writing or call ahead.



Sometimes, a caregiver arrives at Camp for an early pick up and we aren't aware of the arrangements. This can be disruptive as we need to find available staff to track down the camper and, more often than not, pull the camper from their group in the middle of an activity. This is even more difficult when a child's group is at another building on campus. Saying that, we know that emergencies can happen and a family may need to unexpectedly pick up their child early. In this case, please be patient with us as we bring your camper to you!

REGISTRATION POLICIES

As a reminder, we have included the registration policies that you acknowledged when completing your Camper Application Form.

Program Policy

Ryerson Day Camps may modify, add, or delete activities from the program based on camper interests and facility space.

In the very rare case where a program is cancelled because of low enrollment, we endeavour to give families as much notice as possible. We will transfer campers to another camp program if families are interested and space allows. Otherwise, we will provide you with a full refund.



“Last Minute Registration” Policy

Registration closes 10 days before the first day of each Camp program. We are not able to accept last minute registrations for any of our Camp programs. Many of our camper groups are set, staff assigned, and schedules developed weeks in advance of our programs.

This policy applies to registration with our Before Care, After Care, and lunch options as well.

Refund Policy

Families can cancel their application no later than June 1, and receive a refund less a \$50 cancellation fee per camper week cancelled. Refunds or credits are not available for any cancellation made after June 1.

Refunds or credits are not available for withdrawal from Lunch, Before Care, or After Care options after June 1.

Transfer Policy

We will accommodate requests to transfer your child from your original registered program to another program provided:

1. Your request is made at least two weeks before the first day of the requested program's start date.
2. Space is available in the requested program.

Dismissal Policy

Ryerson Day Camps has put in place Standards of Behaviour that all campers and LITs are expected to follow. The Camp Administration reserves the right to dismiss a camper who, in their opinion, is a hazard to the safety or rights of others, or who appears to have rejected the reasonable expectations of the Camp as set by the Standards of Behaviour.

Refunds or credits are not available if a camper is dismissed from the Day Camp program.

Service Fees

We incur a cost of \$50 for every cheque that is returned by the bank because of insufficient funds. Please note that if your cheque is returned to us by the bank because of insufficient funds, we will add a \$50 service charge to your family account.

BEHAVIOUR EXPECTATIONS

Campers are expected to support us in creating a positive, safe, and inclusive place at Camp. Significant time is spent during PreCamp Staff Training to provide staff members with the tools they need to manage camper behaviour, encourage participation, and work with campers to resolve conflict in a positive way.

At the start of each week, we host our Community Meeting during which we review with campers our Camp rules and expectations for behaviour and participation.

Staff are encouraged to intervene and assist if camper behaviour is problematic. Usually, one-on-one or small-group conversations are effective in resolving problems. Staff are instructed to inform one of our Day Camp leadership team members of inappropriate behaviour. Sometimes, our leadership team or the Camp Coordinator may contact parents when behaviour is especially concerning.

Staff may remove camper privileges if a child does not behave appropriately at Camp. In extreme cases, the Camp Coordinator may decide to dismiss a camper from the Camp program. In cases where a camper is removed from Camp and asked not to return, refunds are not available.



We have borrowed the Ontario Code of Conduct (Safe Schools Act) to help us develop our **Standards of Behaviour at Camp:**

Respect, politeness, and responsible citizenship

Campers and LITs are expected to:

- ✓ Respect and follow the law
- ✓ Be honest, truthful, and reliable
- ✓ Make everyone at Camp feel welcome and included
- ✓ Respect differences in people
- ✓ Treat everyone with respect, especially when you do not agree with someone else
- ✓ Respect the rights of other people
- ✓ Show care for Ryerson property and equipment, and for the property of others
- ✓ Help others when they need it
- ✓ Listen to instructions and directions from Camp staff
- ✓ Seek help from Camp staff to resolve problems peacefully
- ✓ Not use swear words
- ✓ Try their best in all Camp activities
- ✓ Participate fully in the Camp program
- ✓ Be a good sport

Safety

Campers and LITs must not:

- × Bully other people, whether it is in person or through technology like cell phones, social media, or email
- × Touch people in a way that is unwanted or makes them feel uncomfortable
- × Engage in sexual activity that compromises the physical or emotional safety of themselves or others
- × Bring weapons, or threaten to bring weapons, to Camp
- × Use any object to threaten people or make people feel uncomfortable
- × Bring cigarettes, drugs, or alcohol to Camp
- × Take things that are not theirs
- × Hit or hurt someone else, or encourage other people to hit or hurt someone else
- × Say things that hurt other people or might make people feel uncomfortable
- × Damage Ryerson property on purpose

HEALTH, SAFETY & WELLNESS AT CAMP

Vicky Kung, the Health & Wellness Lead, is responsible for ensuring the physical health and safety of children while at Camp. Meghan Hayward, the Camper Experience Lead, returns in this role to ensure the social and emotional well-being of all campers and LITs is met throughout their time with us.

To help us provide the best experience for your child, please make sure that you complete the health information section when you register your child at Camp, and please also let us know if there are any changes in your child's condition before Camp begins.

Health and safety at Ryerson is governed by the University's Department of Integrated Risk Management. Ryerson Summer Day Camps is also an accredited member of the Ontario Camps Association.



Camp staff members are First Aid and CPR certified. Instructional staff have advanced certification and experience in a variety of our Day Camp program areas. Sarah Forder, the Camp Lead Lifeguard, is a certified lifeguard and veteran swim instructor. She is supported by a team of qualified lifeguards.

Sun Safety

We are an official SUN AWARE Camp Program participant. The SUN AWARE program was created by the Melanoma Network of Canada.

As SUN AWARE participants, we follow a program designed to promote sun safety with all campers and staff members. Our staff team receives training on sun safety prior to the Summer.



We are aware of the dangers of over-exposure to the sun and strive to take reasonable precautions to prevent adverse effects of the sun and UV rays. Campers spend time outside each day, so please help us by packing a hat with a brim and sunglasses, and sending sunscreen for your child (minimum SPF 30, though higher is preferable), and a water bottle with your child's name on it.

We strongly suggest that campers wear light clothing that covers shoulders and arms when they are outside.

Nut Allergies

In partnership with The Lunch Lady, we strive to create a “nut aware” environment for our campers with nut allergies. For those campers who sign up for our optional lunch program, meals prepared by The Lunch Lady are prepared without nut products.

We are sensitive that some of our campers are allergic to nuts, and that some of those allergies are potentially fatal.

To help us create a nut aware camp environment for those campers with nut allergies, we ask that families not send their camper to Ryerson with any food that may:

- Contain nuts, peanuts, or tree nuts
- May contain traces of nuts, peanuts, or tree nuts
- May have come in contact with nuts, peanuts, or tree nuts (i.e., being made on a surface or with a utensil that was also used to prepare foods with nut products or residue)



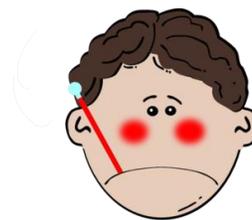
If your child has any allergy, please contact the Camp Coordinator to discuss the allergy and any accommodations that may need to be made.

*** While we do our best to maintain a safe environment for campers with nut allergies, it is important that caregivers and campers remember that Ryerson is a public facility. We cannot control all foods that are brought onto campus, and there is always a risk that a child may be exposed to nuts or nut products. If this is a concern, please contact the Camp Coordinator.*

If your child has a nut allergy, and has signed up for our lunch service, please note that although meals are prepared without nuts, we cannot give a 100% guarantee that it is free of traces of nuts, or that it has not come in contact with nuts.

Communicable Diseases

While we understand that it can be disappointing for a child to miss some time at Camp because they are sick, please help us create a healthy environment for all of our campers and staff by monitoring your child's health.



A child should stay home if he/she has a fever, feels nauseous, is vomiting, or has diarrhea. If your camper has lost their appetite, is clingy or lethargic, or is complaining of pain please also keep them home from Camp.

Children with symptoms of chickenpox, cold sores, pink eye, impetigo, or strep throat should also not come to Camp.

Please keep your child at home until the period of incubation has elapsed. For example, a child with a fever should not return to Camp until at least 24 hours has passed since the fever has broken naturally (without help from medications). It is best to consult your family doctor if your child is ill.

If you have chosen not to have your child immunized, please know that if there was an outbreak of a communicable disease that has an applicable vaccine, your child may not attend Camp. Likewise, if your child is exposed to one of these diseases outside of Camp we ask that you notify us

immediately and keep your child at home until there is no risk of spreading the disease. We will require a doctor's note confirming your child is safe to return to Camp.

Illness at Camp

If a child becomes ill during the day at Camp, we will give them an opportunity to rest. If it is clear that they are too sick to be at Camp, a parent is phoned to pick them up. Camp is not an appropriate place for a sick camper to recuperate comfortably, so we ask that parents arrange to pick up their ill child as quickly as possible.

Sick children cannot stay at Camp. If we cannot reach the caregiver to pick up a sick camper, we will then phone the emergency contact you have provided us.

Head Lice

Head lice are quite common in school-aged children. Lice are acquired by close head-to-head contact with someone who already has head lice. Head lice can also be spread indirectly by contact with someone's personal belongings (i.e. clothing, hats, head gear, hair accessories). Contact can be common, even by accident, at school, home, or at Camp.

Please help us prevent the spread of head lice by checking your child thoroughly for head lice/nits three days before their first day at Camp.



The head louse is an insect that lives and breeds on your head. The louse may be brown or grayish, with a flat, wingless body 1-2 mm in length with six legs. The eggs may be yellow, brown, or white teardrop-shaped. They are glued to the hair near the scalp and are called "nits". It is usually the eggs which are first noticed.

Children with lice must be kept at home until treatment has been completed and the child is free of all head lice and nits. If your child is found to have head lice while at Camp, we will phone a parent to pick them up immediately.

Ticks

According to Public Health Ontario, there is a steady rise of ticks in Ontario. The tiny arachnids can infect humans with bacteria, viruses, and parasites that can cause serious illness such as Lyme disease. Even though they are most commonly found in humid and brushy areas, and wouldn't normally be in a green space such as those found at Ryerson, we encourage you to take some precautions to protect your child.

Wearing light coloured clothing, and long sleeves and pants will help make a barrier to the skin and make it easier for ticks to be spotted. Using repellent that contains 20% or more DEET can protect your child for several hours, but always follow product instructions. It is also recommended to check your child's clothing and body for ticks and to shower when they get home from the outdoors.

Medications

If your child requires medication while at Camp, that medication is to be kept in the Camp Office. When you drop your camper off in the morning, please make sure that you give your child's medication to a staff member. Likewise, please pick up the medication from a staff member at the end of the day.



Our Health & Wellness Lead helps administer medication at the appropriate time.

We ask that caregivers sign an authorization form giving us permission to dispense medications. Please ask us for this form if your child will require medications during the Camp day. A few notes about medications:

- Medication must be in its original container
- That container must indicate:
 - Your child's name
 - The name of the medication
 - The dosage of medication
 - The frequency with which the medication is to be administered
 - The route of administration (i.e. taken orally)

If your child uses an epipen or asthma inhaler they may, of course, keep that medication with them while they are at Camp. We recommend that you send two epipens and/or two inhalers with your child if they may require either. Please provide your child with a waist pack that they can wear to keep their epipen or inhaler close by.

Sleep and kids

According to Toronto Public Health, children between 5 to 12 years old need 10-11 hours of sleep each night. Children need sleep to be healthy, happy, and have the energy to participate fully at Camp.

Toronto Public Health recommends that families:

- Have a bedtime routine – do the same relaxing things every night, such as reading books together, having a bath, etc.
- Try to put your child to bed at the same time every night.
- Make sure the bedroom is cool, dark, and quiet.
- Get your child to exercise in the daytime, at least three hours before bedtime (we'll try to help with that also!).
- Avoid giving your child drinks with caffeine in the afternoon or evening.



CAMPER MEDICAL INFORMATION

We collect camper medical and behavioural information from families as part of the camper application process. We collect this information because we believe that it helps our staff provide a safe, healthy, and positive experience at Camp for your child.

The information that we collect is only used with great care and discretion. This information is invaluable to us in helping a child make as smooth and happy an adjustment to Camp as possible – something we know all caregivers want too!

Please help us prepare for your child's arrival at Camp by taking care to complete the information on our application form. If you have updates on your child's condition before the start of Camp, please share that with us too. Like you, we want your child to be safe, looked after, and to have fun during their time at Camp.

SENSITIVE ISSUES

If there is something going on in your child's life outside of Camp, please let us know. Sometimes, families decide not to share this information with us and do so with the best of intentions. When the child arrives at Camp, however, they may struggle to make a smooth transition. It can be a real challenge for our staff to help a child when that child is experiencing difficult things outside of Camp that our staff are not aware of.

If there is a change in your child's family status, living accommodation, or custody arrangements, please let us know in writing before the start of Camp. Likewise, if your child is having difficulty adjusting to the loss of a pet, the passing of a loved one, or a family illness please let us know. As with medical information, we treat this information with great sensitivity and discretion. We only use this information to help and support your child.

WHAT TO BRING TO CAMP

Campers should dress to be active at Camp each day. We encourage campers to wear t-shirts and shorts (so long as the weather cooperates!), and we insist on campers wearing running shoes.

Clothing should be appropriate for a Camp setting. That means campers should not arrive at Camp wearing clothing that displays drug, cigarette, alcohol, or other similar ads or messages.



We no longer provide our campers with towel or laundry service for swimsuits. Swimsuits will be dried as much as possible using the suit-spinners found in the locker rooms, however we ask that you please include a plastic bag in your campers backpack to keep other belongings dry throughout the day.

If your child is participating in our **Multi-Sport, Eureka, Architecture, Film, French, V4Lab, Make-A-Game, or Leader-In-Training** camps please send them with:

- ✓ Bathing suit, towel (and a plastic bag to keep wet swim stuff) *Multi Sport campers swim daily; other campers may have swim times scheduled.*
- ✓ Lunch, morning and afternoon snack (if your child is not using the prepaid lunch service).
Nut free please!
- ✓ Running shoes
- ✓ Comfortable clothing for being active (shorts and t-shirts for most Summer days)
- ✓ Water bottle
- ✓ Sunscreen (minimum SPF 30) – campers spend time outside each day
- ✓ Hat with a wide brim
- ✓ Sunglasses with UV protection
- ✓ Small bag / backpack to carry small items
- ✓ Rain jacket and boots – if it is rainy, campers may get wet arriving at Ryerson or moving between facilities.

For those participating in our sport camps, please send them with:

Hockey

- ✓ Full hockey equipment (including helmet, pads, etc.), jersey, stick, and skates
- ✓ Lunch, morning and afternoon snack (if your child is not using the prepaid lunch service).
Nut free please!
- ✓ Running shoes and comfortable clothing for being active for off-ice activities
- ✓ Water bottle
- ✓ Sunscreen (minimum SPF 30)
- ✓ Sunglasses with UV protection
- ✓ Small bag / backpack to carry small items



Basketball

- ✓ Running shoes
- ✓ Athletic shorts and t-shirt / jersey
- ✓ Lunch, morning and afternoon snack (if your child is not using the prepaid lunch service).
Nut free please!
- ✓ Water bottle
- ✓ Sunscreen (minimum SPF 30)
- ✓ Hat with a wide brim
- ✓ Sunglasses with UV protection
- ✓ Small bag / backpack to carry small items

Soccer

- ✓ Running shoes (please no metal cleats!)
- ✓ Athletic shorts and t-shirt
- ✓ Lunch, morning and afternoon snack (if your child is not using the prepaid lunch service). Nut free please!
- ✓ Water bottle
- ✓ Sunscreen (minimum SPF 30)
- ✓ Hat with a wide brim
- ✓ Sunglasses with UV protection
- ✓ Small bag / backpack to carry small items



Please do NOT send with your child:

- × iPods
- × Portable gaming systems
- × Jewelry
- × Other expensive and / or valuable items
- × Food items or lotions containing nuts or nut products

We are not responsible for any items that are lost or damaged at Camp.

Cell Phones

We would prefer that cell phones not be brought to camp, however we also understand that they can be an important communication tool for you and your child. Please know that if you are sending your child to camp with a cellphone, we cannot be held responsible for any loss, theft, or damage that may occur. Please also remind your camper that cellphones are not to be used during Camp program time, and that we reserve the right to confiscate a cellphone for the remainder of a day if its use is distracting or disruptive.

CAMPER GROUPS

On your camper application form, please let us know about any friend requests.

We do our best to accommodate requests for friends to be in the same group together. We can only guarantee requests if:

- ✓ Campers are within 18 months in age of each other
- ✓ Campers are registered for the same Camp program
- ✓ Campers are attending Camp at the same time
- ✓ The request is mutual (both camper families must make the request)

Groups in our sport camps (soccer, basketball, hockey) are often structured based on the skill level and experience of the participants. While we try to honour requests that meet the above criteria, we can't guarantee those friend requests if there is a gap in skill level or previous experience in that specific sport.

We let campers know their camper group placements and introduce them to their Counsellor upon their arrival at Ryerson.

LUNCH & SNACKS

We are pleased to provide an optional meal service program to families with daily healthy lunch options.

NEW FOR 2018!! Lunch and snack service is provided by The Lunch Lady, a catering program that provides meal service to camps and schools across Ontario.



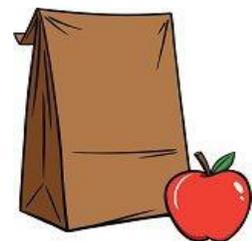
Our Menu

Lunch service is based on a set menu, which rotates bi-weekly during the summer. Those campers who sign up for this service receive a bag lunch each day, along with a morning and afternoon snack.

The Lunch Lady can accommodate allergies and special diets, so long as we know about those requirements at least 10 days in advance of the first day of Camp. Unfortunately, we cannot accommodate for personal taste preferences.

If your child has a nut allergy, and has signed up for our lunch service, please note that although meals are prepared without nuts, we cannot give a 100% guarantee that it is free of traces of nuts, or that it has not come in contact with nuts.

Caregivers can add the lunch option to their camper's registration up until 10 days before their first day at Camp with us. Because our meal orders are confirmed with The Lunch Lady in advance, it is not possible for families to register for the lunch service within 10 days of the start their child's session. The option of registering for the lunch service on a day-to-day basis is also not available.



Bringing Lunch & Snacks from Home

If your child is bring their lunch and snacks to Camp, please make sure it is suitable to be kept in a backpack or small bag. We do not have a space to keep lunches refrigerated, nor do we have facilities available to heat up meals brought from home.

To help us cut down on waste, please help us by sending reusable containers with your child's lunch. We suggest labelling containers so they are not misplaced.

Remember that we have many campers and staff at Camp with nut allergies, so please **do not** send any lunch or snacks that contain or may contain nuts or nut products. Please check the ingredients of all food items for nuts/nut products so that we can keep all children safe at Camp.

Please note that there it is not possible for campers to purchase lunch on their own. Ryerson's cafeteria spaces are not open during the summer, and campers are not able to leave campus to buy lunch.

PREPARING FOR CAMP

Before the start of Camp, there are a few things that you and your camper should review.

Your camper should know...

- ✓ How they are getting to and from Camp
- ✓ Who is picking them up

Remember to check that you have...

- ✓ Labelled all of your child's clothing with their first and last name
- ✓ Notified us if there are any changes in family contact information, drop-off / pick-up arrangements, camper information (medical), etc.
- ✓ Reviewed your camper application information. Make sure that you have confirmed your child's program and the related dates. Double-check that you have signed them up for lunch service and/or Before or After Care if necessary.

STAFFING NOTES

Mike Stewart (B.Ed.) is the full-time Camp Coordinator at Ryerson, and has overall responsibility for all Day Camp programs. Chris Wilhelm (B.Ed.) serves as the Seasonal Camp Coordinator and takes an up-front leadership role throughout summer camp.

Ryerson Summer Day Camps is an initiative of the Department of Athletics. Heather Adam (Director, Operations & Strategy) and Andrew Pettit (Manager of Recreation) provide full-time leadership to the Department of Athletics.

We use a Leadership Team approach to supervise all activity at Camp. The leadership team is comprised of Sport Program Lead Katherine Follis, Camper Experience Lead Meghan Hayward, Health & Wellness Lead Vicky Kung, Program Lead Katie Kinsman, First Year LIT Facilitators Gabby Erlichman and Tom Longo, and Second Year LIT Facilitator Ana Tomachynska.

Each sport camp is facilitated by a Head Counsellor who is supported by a team of instructors and counsellors. Head Counsellors are coaches and staff members with Ryerson varsity sport teams:



Basketball

Borko Popic (Men's Basketball, Lead Assistant Coach) ** *July only*

Jess Roque (Women's Basketball, Lead Assistant Coach) ** *August only*

Hockey Skills Camp

Nathaniel Brooks (Men's Hockey, Assistant Coach)

Kori Cheverie (Men's Hockey, Assistant Coach)

Soccer

Kasy Kiarash (Men's Soccer, Lead Assistant Coach)

Academic Camps

The Eureka, Architectural Science, Digital Creativity, Design-a-Bot, and News Academy programs are offered through the Departments of Science and Engineering (Eureka), Architecture, and Journalism. Full-time staff providing leadership to these camp programs include:

Eureka

Emily Agard (Adjunct Professor, Director - SciXchange)

Nika Zolfaghari (Engineering Enrichment and Outreach Coordinator)

Leigh Paulseth (Enrichment and Outreach Coordinator, SciXchange)

Architectural Science & Digital Creativity

Dr. Vincent Hui (Associate Chair, Experiential Learning & Co-op, Architectural Science)

News Academy

Dr. Gary Gould (Journalism Instructor)

Design-a-Bot

Namir Ahmed (Coordinator, Digital Media Experience)

Partner camps

We are pleased to have relationships with The Director's Cut (film), The Hand Eye Society (Make-a-Game), and Camp Tournesol (French). All three organizations have a rich history of delivering innovative programming in classrooms and at camps to children, youth, and teens across the Greater Toronto Area and beyond. Our partner camp leadership staff include:

Make-a-Game

Ken Cho (The Hand Eye Society)

French

Alexis Asselin (Camp Tournesol)

Martine Brouillet (Camp Tournesol)

Film Making

Bryan Goldmintz (The Director's Cut)

Gail Valentine (The Director's Cut)

Summer Camp Staff

Ryerson Summer Day Camps staff members are committed to providing each camper with a fun, safe, and memorable summer camp experience. Day Camp staff are selected for their skills as leaders, teachers, mentors, and instructors. Successful staff members care deeply about the experience of each child who attends Camp.

Day Camp staff are teachers, coaches, recreation professionals, university graduates/students, varsity athletes, and senior high school students. All staff members hold First Aid and CPR certification, and pool staff are certified lifeguards. Ryerson Summer Day Camp staff members must successfully complete a criminal background check.

VOLUNTEERS

Volunteers make a world of difference in the lives of our campers. Each summer, students from across the Greater Toronto Area give generously of their time and skills to make valuable contributions to life at Camp.

Volunteers work directly with our campers under the supervision of our full-time staff. They assist with the facilitation and leadership of Camp activities, and are given opportunities to lead some programs on their own (with staff supervision).



Ryerson Summer Day Camp volunteers are a minimum of 16 years of age, and are secondary school students or graduates. They have a passion for working with children and youth, and many have previous experience working with young people.

LEADERS IN TRAINING

Ryerson Summer Day Camps offers a comprehensive two-year Leader In Training program for young men and women between 14 – 17 years of age.

The First Year LIT program is a two-week experience for 14 & 15 year olds with a focus on cooperative learning and advanced development of sport and activity skills. First Year LITs are those seeking opportunities to develop their leadership toolbox, with an emphasis on teaching, instruction, and teamwork skills. First Year LITs also work to obtain first aid and CPR certification. Full-time facilitation of the First Year LIT program is provided by Gabby Erlichman and Tom Longo.

The Second Year LIT schedule is designed to provide in-service training opportunities, as well as workshops that focus on group development, problem solving, communication, lesson planning, and more. This program encourages individual leadership developed through internships with camper groups, where participants are responsible for helping deliver programs and create a positive learning environment for campers. These internships allow participants to achieve 40+ community service hours. Leadership is provided by Ana Tomachynska (B.Ed. candidate).

PROGRAM NOTES

Swimming

Multi-Sport and LIT campers have regularly scheduled opportunities for a swim in the Ryerson pool. Eureka, Architectural Science, Film Making, and French campers may swim in the pool as their schedule allows (we'll notify parents in advance if their child in those programs may be swimming).



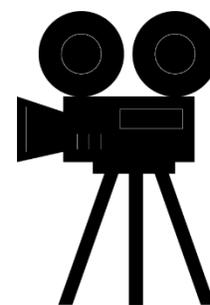
During the first scheduled swim period of each week, campers must complete a swim check. The check involves campers completing one lengths of the pool (25 yards) and 60 seconds of treading water. This is not a test, and there is no pass or fail. As accredited members of the Ontario Camps Association, we are required to check the swimming ability of every camper and staff member. Those campers who are identified as non-swimmers or weak swimmers may need to wear a PFD when they are in the water.

Swimming is scheduled for an entire camper group. We expect each camper to participate in swimming unless families give us with a written note excusing their child. If a child is not to participate in swimming, they still stay with their group. The pool has some bleachers where campers can sit while still being supervised by our staff.

Film – Red Carpet Premier

Caregivers of children participating in our film Camp programs are invited to join us for a special red carpet event! On the final day of each film session, our campers premier their films for family and friends!

Look for an official invitation to be sent to you by email during your child's week at Camp.



COMMUNICATION FROM CAMP

Email is the primary way that we communicate with Camp families before, during, and after Camp. Please make sure that you update us with any changes to your email address, and that your spam blocker permits emails from @ryerson.ca addresses to get through.

We also regularly update our website with information about Camp. You will find program information, lunch menus, maps, pick-up/drop-off info, and lots more online.

Please also follow along with us on social media!

Instagram - @ryersondaycamps

Twitter - @ryersondaycamps

Facebook – Ryerson Summer Day Camps



LOST & FOUND

Help us reunite you with your camper's lost and found!

Each Summer, we collect loads of camper lost and found that includes everything from t-shirts to backpacks to water bottles to sweatshirts.

Whenever we can, we try to make sure items are given back to campers and families. But we're not always successful, especially when items aren't labelled with a child's name.



We are pleased once again to share a terrific service to Camp families. Mabel's Labels is an award-winning company that produces personalized labels for kids and adults. Their custom labels include iron-on clothing labels, personalized stickers for tweens, and adhesive labels for items sent to Camp.

To place a label order for your family, or to learn more, please visit ryersonsdcmabelslabels.com.

Please help us by making sure your child's belongings are labelled when he or she comes to Camp. We will do our best to return any labelled lost and found to families.

Unclaimed lost and found is donated to a local charity after Labour Day.

STATUTORY HOLIDAYS

Ryerson University is closed for three statutory holidays over the Summer. Camp programs do not take place on the following dates:

- Monday, July 2 (Canada Day)
- Friday, August 3 (Ryerson Day) **
- Monday, August 6 (Civic Holiday)



PROMOTIONAL PICTURES/VIDEOS

During the summer, we take photos and videos to post on our Camp website, social media streams, and to use for promotional purposes. By signing the registration informed consent, you gave permission for us to use your child's photo. If you do not wish to have photos or video taken of your camper, please notify us in writing prior to your child's first day of Camp.



We do not identify campers by their full name whenever photos or videos are used.

REGISTRATION FOR 2019

Registration for the 2019 Summer Camp season begins early in the New Year. Be sure to visit our website for registration announcements and news about exciting new programs!

Look out also for information about our March Break and PA Day camp programs.